

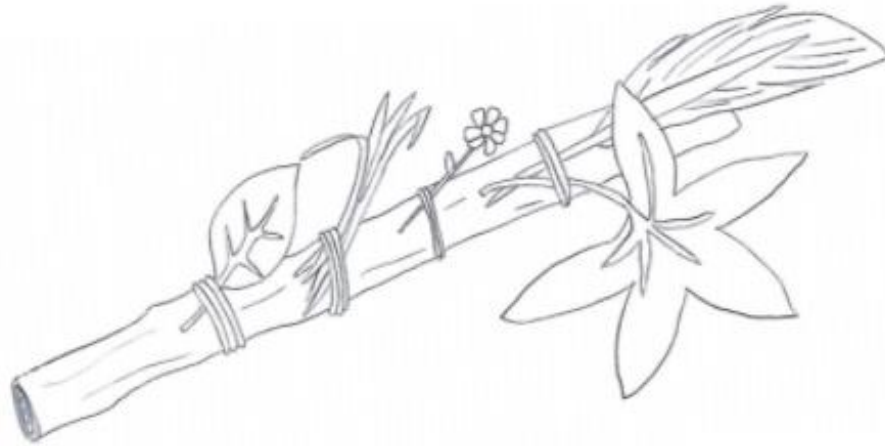


From mountain to sea

Aberdeenshire  
COUNCIL



# Journey Sticks



Journey Stick Image credit: <https://m01sth-2018-b.mike-morgan.coventry.domains/journey-sticks/>

The next time you go for a walk, try making a journey stick.

Collect items like leaves, twigs, flowers, feathers, or anything else natural that you find along the way.

Once home, using colourful string or wool, attach all your items together to create a journey stick.

Did you know journey sticks were used by Aboriginal people living in Australia and Native Americans. They used them to tell stories about the journeys and adventures they had been on.

