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| **Service: Education and Children’s Services** | **RISK ASSESSMENT** |  | |
| **Process/Activity: Mountain Biking**  **(Consider both Indoor and Outdoor Hazards)** | **Location: Scolty Hill MTB Routes** | | **Date:** |

| **Hazard** | **Person/s Affected** | **Risk** | **Risk level before controls are in place** | | | **Control Measures** | **Risk level after controls are in place** | | |
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|  |  |  | **LOW** | **MED** | **HIGH** |  | **LOW** | **MED** | **HIGH** |
| Instructor competence | Staff Participants | Physical Injury |  |  |  | * Cycle ride training qualifications * Risk assessment available. Insurance cover available. All participating persons ask for health status. Pre-activity information completed * Supervisory ratios suitable for group * Emergency backup available (Mobile phone) | **√** |  |  |
| COVID 19 | Staff  Participants  Public | Transmission and spread of COVID 19 |  |  |  | * Fully comply with Scottish Cycling “The Way Forward” COVID 19 guidance for cycling and mountain biking in Scotland as per Scottish Government guidance * No participants to attend if symptomatic of COVID 19 * Instructor to follow procedure should participant become symptomatic during a session * Instructor to practice social distancing at all times and 12-17-year old’s to socially distance except during the activity itself * Regular handwashing and sanitisation * No sharing of equipment or drink bottles by instructor or riders and where possible sharing of tools to be kept to a minimum * NGB ratios to be applied in line with national guidance * Instructor/leader to have enhanced First Aid provision and PPE * Fully completed register to assist with Test and Trace | √ |  |  |
| Equipment | Instructor Students | Physical injury |  |  |  | * All equipment will meet current specifications and/or accepted standards where applicable and will be suitable for its intended use. * Equipment will be regularly maintained, serviced, and tested to current specifications where required. * A thorough check of equipment will be made prior to departure. * Enhanced repair kit/spares will be carried. |  |  |  |
| Obstructions / protrusions / inappropriate jewellery | Instructor Students | Physical injury |  |  |  | * Instructor/leader will obtain information on weather and other relevant factors and make an assessment of conditions prior to any activity taking place. * Instructor/leader will modify or curtail the activities if prevailing conditions are inappropriate for the group or the planned activity. * Instructor/leader will ensure that each member of the group is appropriately clothed, carries sufficient food and shelter and that additional food, clothing and equipment is available to suit the expected conditions and nature of the activity. * Instructor/leader will be First Aid trained to the level required by the NGB for the activity or Aberdeenshire Council and will carry First Aid kit. |  |  |  |
| Forest operations | Instructor Students | Physical injury |  |  |  | * Check with Forestry commission before ride |  |  |  |
| Unsuitable Terrain | Instructor Students | Physical injury |  |  |  | * Instructor/leader to ensure an individual assessment of riding skills undertaken before progressing to more challenging terrain. Assess terrain on an ongoing basis. | **√** |  |  |
| Pre-existing injury / medical condition | Students | Physical injury |  |  |  | * Knowledge of each student’s personal medical history by staff / instructor (participants asked to declare relevant medical conditions e.g. heart conditions, injuries) | √ |  |  |
| Public interference/motor vehicles | Instructor Students | Physical injury |  |  |  | * Instructor/Leader take up appropriate position within group to ensure safe progress | √ |  |  |

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| **RISK ASSESSMENT VARIATION SHEET** | | |
| **Date of activity** | **Name of individual identifying variation** | **Variation** |
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