

# Annual Report 2024/2025

### **VISION STATEMENT**

We offer easily accessible, high-quality Culture and Sport experiences delivering improved mental and physical health and wellbeing, fun and learning from mountain to sea for everyone living in, working in or visiting Aberdeenshire.



### FOREWORD



Avril Nicol, Head of Service

Over the past 12 months, Live Life Aberdeenshire has continued to deliver exceptional cultural, sporting, and wellbeing services to our communities—achieving more with less, and doing so with heart. We welcomed nearly 3 million physical visits, reduced our cost per visit, and increased income all while delivering vital capital projects within budget. From expanded swimming lessons and inclusive sports to digital growth and reducing our carbon footprint, our community impact has been wide-reaching and deeply meaningful.

These achievements are a testament to the dedication of our staff, the support of our partners, and the enthusiasm of every individual who engaged with our services. Your commitment has helped us navigate challenges and embrace opportunities with resilience and creativity.

As I step back from my role, I do so with immense pride and confidence in the future of this service. Thank you for being part of this journey.

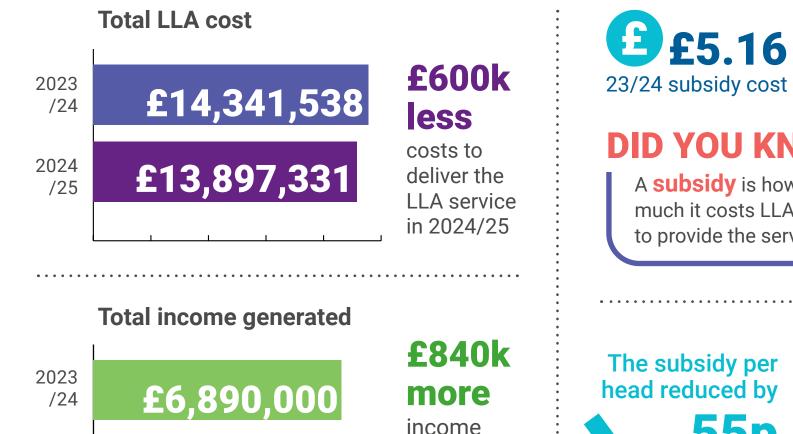


### **FINANCIAL PERFORMANCES**

£7,720,000

2024

/25



generated

than last

year



### **DID YOU KNOW**

A **subsidy** is how much it costs LLA to provide the service per visit

visit

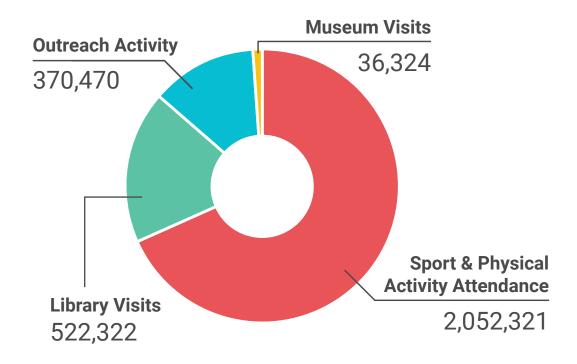
Annual staff costs reduced by over £306k

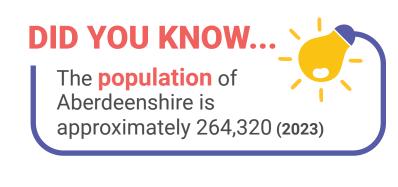
### ATTENDANCE





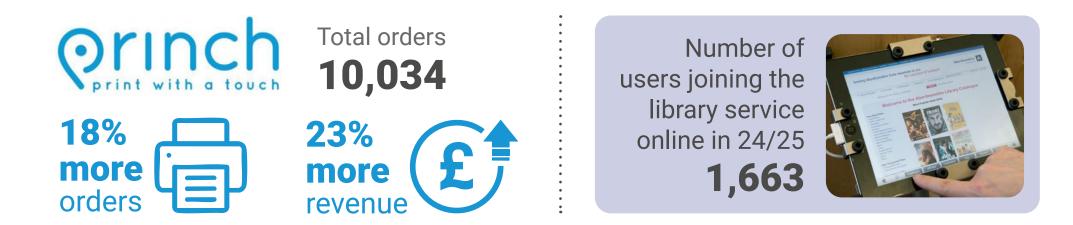






Nearly 3 million visits is the equivalent of nearly **one visit per month** for each resident in Aberdeenshire!

### **DIGITAL STATISTICS**



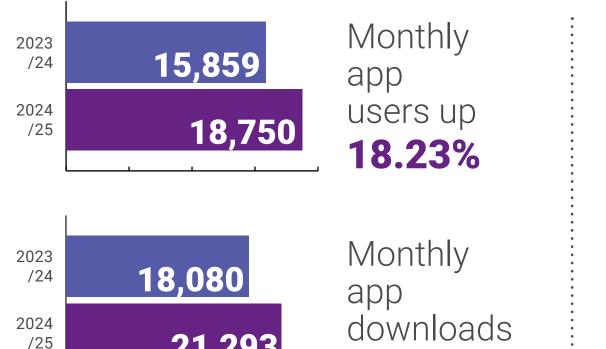
OverDrive Users up 10.28% 4,003 total users

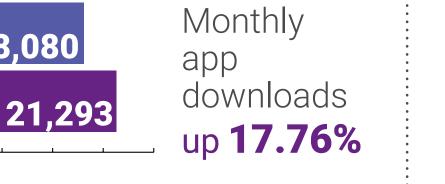




Average number of sessions per month **54,712** 

### **DIGITAL STATISTICS**





Youtube views increased by **37.55%** 





Total visits across all webpages 1,295,222

### **CAPITAL INVESTMENT PROJECTS**

In total, just over £6 million was invested in Live Life Aberdeenshire projects completed in 2024/2025.

Stonehaven Town Hall stage curtain and lifting systems upgrade - **£110k investment** 





Sir Arthur Grant Outdoor Centre upgrade -£2.5 million investment



Refurbishment of Stonehaven Leisure Centre -£1.8 million investment

Fraserburgh gym upgrade - £300k investment



### **ENERGY AND ENVIRONMENT (CARBON REDUCTION)**

**36 tCO2e** saved in the year 2024/25 through leisure centre operation **5% reduction vs last year** 



## **16% reduction**

in emissions from recorded in the past 2 years



#### In the past year:

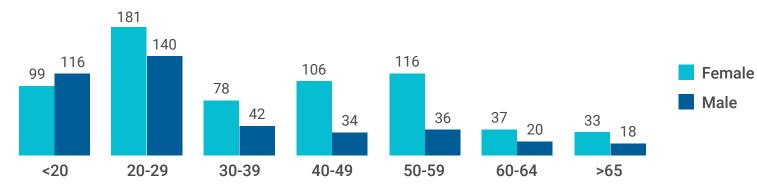
- Capital investment through LED light replacement (floodlights)
- Installation of variable speed drives
- Pool cover
  replacement
- Installation of solar panels at Stonehaven Leisure Centre





### **EMPLOYEE STATS**

#### WORKFORCE DISTRIBUTION BY AGE AND GENDER

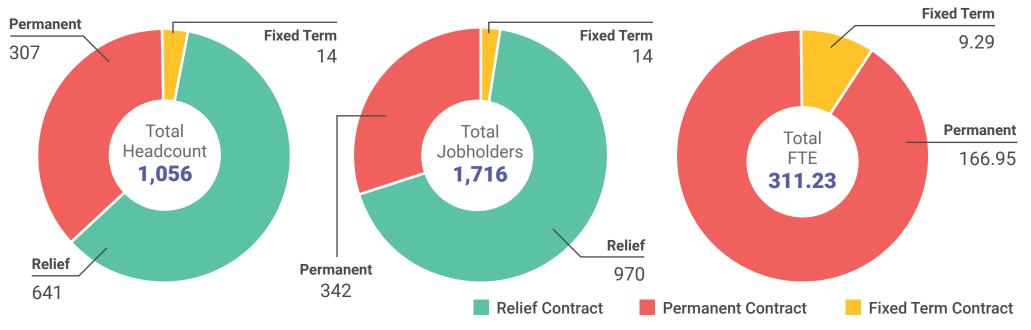


**50.76%** Under 30

**9.19%** Over 60

**40.06%** Over 30/Under 60

#### **CURRENT WORKFORCE METRICS BY CONTRACT TYPE**



### **ACTIVE SCHOOLS**

#### **Sports Festivals and Events**

Active Schools have delivered the Run For Fun series and

Netball, Football, Basketball and Athletics festivals right across Aberdeenshire.

#### WATCH HERE! O

<u>Click here</u> or scan the QR to see more about our junior crosscountry









#### **Pupil Leadership**

Active Schools have delivered a number of leadership opportunities including **Playleaders** to primary pupils, whilst **120** S2-S4 pupils have completed the certified **'I can Lead'** programme.

### **ACTIVE SCHOOLS**



#### Volunteering

Volunteers continue to deliver on over **95%** of our programme - this year our youngest volunteer is aged **10** and our oldest is **84**.



#### WATCH HERE! 🔿

Click here or scan the QR to see more about Active Schools netball





#### Inclusive Sports Various targeted

activities have been organised including Grampian sportshall athletics, inclusive swimming Gala and localised programmes in every network.



### **POSITIVE ACTION GRANTS**

**Community Sports Hubs** 

**409** 

4,000+ attendances

The Positive Action Grant funding has **significantly enhanced community well-being** by enabling various projects that support mental and physical health, inclusivity, and social engagement.

activities started with regular

ongoing sessions



community groups/ clubs/organisations funded

169 settlements benefitted



individuals took part in activities



people

people

volunteered

received training

### 5 brand new

activities have started and are on track to be fully sustainable

### **USER ENGAGEMENT**

The service continually engages with our communities through various ways such as **Town Centre Planning initiatives, Place Planning groups** and **Local Action groups.** We also work to improve the service delivery for the customer through our **Venue User Engagement** and **Pitch User Groups.** 

In-person public engagement around the new Museum of Aberdeenshire initiative



**54** participatory sessions delivered



**18** community groups worked with

**596** people in and around Peterhead engaged with



MMA free pop-up animal handling

> Deveron Community & Sports Centre

**115** participants

10 sessions

### **USER ENGAGEMENT**





#### **Remembering Together Aberdeenshire**

An artist-led COVID memorial project that engaged communities through creative works, installations, and events.

**14** touring community events

**20** musical compositions available online, along with artists' map and short film



#### WATCH HERE! 🔿

<u>Click here</u> or scan the QR to watch the short film created as part of Remembering Together Aberdeenshire





In Summer 2024, a **Museums-led pilot in Peterhead** saw refugees and asylum seekers collaborate with an award-winning photographer. Using analogue techniques, they **explored museum collections** and co-created images, informing the **new Museum of Aberdeenshire.** 

### **CYCLE ABERDEENSHIRE**





The Live Life Outdoors (LLO) programme **promotes active travel** among children through cycle initiatives. **Balance** 

**to Pedal** builds cycling confidence - the programme includes a **6-week course** for P1-P5 (ages 5-9) and **junior cycling sessions** for P1-S4 (ages 5-14).





bookings

#### Bringing the Bike to You

- School and community
  engagement
- Activity days and fun sessions

individual sessions

Balance to Pedal and transition days

2,101

# Impact and Collaboration



Supported by Cycling Scotland



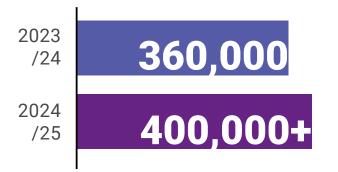
Positive community feedback



Promoting active, sustainable travel

### **SWIMMING LESSONS**

# Swimming Lessons delivered at LLA pools per year





40,000 extra lessons in 24/ 25 to meet demand



#### Aberdeenshire's swimming lesson programme is the **largest in Scotland**



Additional lessons have reduced waiting lists **by half** 

Leisure centre visits increased by almost **140,000!** 

The cost per visit reduced by 18% to **£3.04** per visit



#### ALFORD COMMUNITY CAMPUS

The activities offered at Alford have grown over the year through "kids for a quid" half term sessions, more spin and aqua classes, climbing wall access, "Fit to Walk" and short mat bowling now available.



### WESTHILL SWIMMING POOL

- New boiler system installed at the start of the year.
- Sessions introduced to support asylum seekers in the area, in partnership with the community sport hub and funded by **sport**scotland.

#### **INVERBERVIE SPORTS CENTRE**

- A new synthetic grass surface, funded by the UK Shared Prosperity Fund opened in April 2025.
- Increased opening hours during the Easter holidays were tested to assess demand.

#### ABOYNE AND DEESIDE COMMUNITY CENTRE

- Work began at the end of 2024/25 year to improve the gym space.
- Equipment for Pickleball introduced to the venue and is proving to be very popular.

#### BANCHORY SPORTS VILLAGE

- Class delivery and activities offered has increased over the year.
- Additional equipment for Pickleball has been introduced to the venue and the sport has proven to be very popular.



#### **ELLON COMMUNITY CAMPUS**

Community focus at the campus, as shown by summer open day attended by over **250** local residents.

The only LLA venue to offer Archery, this has proven very popular with 90% occupancy



#### TURRIFF SPORTS CENTRE

- Synthetic grass surface at the venue replaced and is now available for tennis, 5 a side football and netball.
- Work began to replace the changing pavilion, a muchneeded resource for the town.

#### **INVERURIE COMMUNITY CAMPUS**

- Membership Growth: Membership increased by 41%
- Programming introduced to meet the community needs of the Friends of Al-Mal for Syrian ladies and the wider community.

The only venue without a waiting list for swimming lessons!

HUNTLY

POOL

SWIMMING







#### **DEVERON AND COMMUNITY SPORTS CENTRE**

- Upgrade to gym space and changing village, with new equipment.
- Hosting of staff from Macduff Marine Aquarium whilst refurbishment works are carried out at the aquarium.



#### PETERHEAD LEISURE AND COMMUNITY CENTRE

 Come and Try Open Day on 21
 September 2024 with a range of free activities and taster
 sessions such as: Badminton,
 Pickleball, Walking Netball, ASN and family indoor athletics and
 sports, Float Fit, Bouncy Castle,
 and Swimming Family and Fun
 sessions. The attendance was
 over 400 people.



Hosted the Royal Regiment Freedom of Aberdeenshire Event in May 2024.

• Temporarily hosting the relocated Peterhead Library, to much positive feedback.



#### WATCH HERE! 🔿

<u>Click here</u> or scan the QR to watch our Live Life

Live Life Outdoors promo video

#### ALFORD SKI CENTRE

- Live Life Outdoors continues to achieve strong community engagement, financial success, and staff accomplishments.
- Ski camps saw high participation, and income exceeded targets, supported by a robust lesson programme.
- New Sunday sessions at Alford Ski Club were well-received, contributing to a year of growth and engagement.



£169,000

income from ski camps - a high number of people want to learn to ski

#### HUNTLY NORDIC CENTRE

- The 'Mellow Movers' class for seniors has grown in popularity.
- A successful ski sale generated revenue for new equipment.
- Staff received training in adaptive sessions to enhance their skills.
- The After School Club engages a significant number of girls in sports, aiming to inspire continued participation.

50% increase in attendance for the Junior Development Squad









#### SIR ARTHUR GRANT CENTRE

- The redevelopment of the Sir Arthur Grant Centre has been completed along with the installation of new outdoor equipment.
- The upgrades include a playpark, high ropes challenge, tree climb, and a low ropes course.
- The centre now offers a variety of outdoor learning experiences.
- It has become a popular choice for local schools and clubs.





# **2** new minibuses

are also now offered which will save schools on transport costs and allow for expanded year-round programmes



#### **STONEHAVEN OPEN AIR POOL (SOAP)**

 The season ran from May until September with over **35,000** visits.



- Very strong "Friends of SOAP" group who support and maintain the facility year round.
- In house cafe offer for the first time.
- The Friends of SOAP commisioned an economic assessment which shows that SOAP returns £10 per every £1 spent to the local economy.

The Princess Royal Anne opened the season on May 13, 2024, marking SOAPs 90th anniversary







- Trialled for the first time ever in November 2024
- **695** visitors attending
- 32% of visitors over 60yrs old
- Average swim temperatures between 3-5 degrees





#### FIND OUT MORE!

<u>Click here</u> or scan the QR to visit SOAP's website

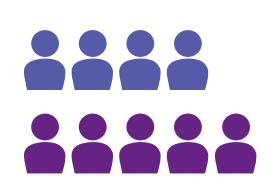


### **GYM REFRESH AND MEMBERSHIPS**

#### **MEMBERSHIP GROWTH**

#### 23.7% increase in paid memberships 13,240 members

in total, including our free Live Life Essentials membership



#### 16% increase in group exercise delivery, enhancing member engagement and participation



The Stonehaven Leisure Centre reopened after refurbishment, leading to a **433% growth** in direct debit memberships and increased group exercise class offerings. Similarly, the Fraserburgh Community and Sport Centre saw an **8% growth** in membership in its first month, following its gym expansion and the introduction of a dedicated spin studio.



### CULTURE

#### **POSITIVE ACTION GRANT**



We awarded **grant funding** to support community activity and participation to the **Museum of Scottish Lighthouses and Duff House.** 





### CULTURE

### The completion of re-development work at Aden Country Park includes a new heritage

**trail** with interpretive panels and visitor leaflets highlighting archaeology, agriculture, estate history, and the natural environment; a new education pack showcases the learning opportunities offered by **Aberdeenshire Farming Museum.** 







Arts team undertook extensive research and created a working group of carers and VSA/HSCP staff to develop a pilot programme of cultural activities for **older unpaid carers** called **My Time Aberdeenshire**, to be launched summer 2025, designed to improve health and wellbeing by providing essential respite from the caring role. To promote accessibility, activities will be in-person and online, supported by basic IT training.





We were **one of only four participants** in Scotland selected to work with 22 other arts and heritage organisations across the UK in an innovative project called **Going Places;** a landmark £5.36 million UK-wide exhibition programme over the next five years, in collaboration with our communities, contemporary artists and craftspeople.

### **LIBRARIES**

The trend for many of our libraries is an **increase in active borrowers and book issues,** with only a 1% decrease overall for issues across the year as a result of some libraries being affected by staffing challenges.

The **Seed Libraries** are into their second year and continuing to be **extremely popular.** 

As well as promoting the library service and bringing in new customers the initiative also brings **health and wellbeing benefits** in terms of exercise, fresh air and wellbeing to our users.



**6 libraries** 



now provide resources, information leaflets and seeds that are provided and funded by One Seed Forward. For this year's spring planting season we will be setting up **10 mini seed** 

hubs with seed potatoes



### **LIBRARIES**

S'More Reading for Mental Health is one of our new and innovative Library projects aimed at **young students** in Aberdeenshire. Feedback from sessions include participants feeling **relaxed**, **confident**, and better equipped to **handle mental** 

#### and inequality by ensuring **equitable access** to sessions in both school and public libraries, catering to **diverse educational backgrounds.**

health issues.

The initiative also

addresses poverty

The initiative will play a significant role in transition activities at Inverurie and Mintlaw Academies post-Easter break. Further training sessions and workshops on reading and mental health are planned, along with an author visit.





**1% more** visits to libraries than last year

**£6.62** Cost to LLA for every physical library visit



### **MACDUFF MARINE AQUARIUM**

MMA online STEM/Climate change event, sponsored by Stromar, engaged with **1,145 pupils** from **40 schools** 

Virtual Fishmas Fun session was attended online by 2,445 pupils from 54 schools



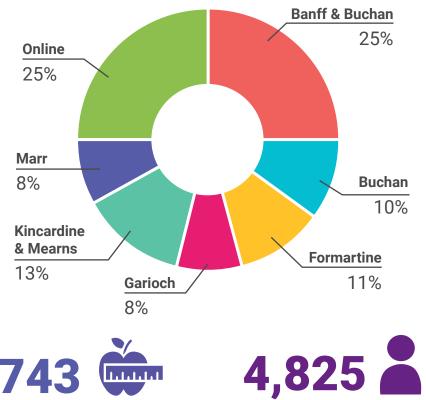


MMA team attended Aberdeen Science Centre's Marine Discovery Day with the mobile rock pools attracting **over 350 participants** and its schools outreach programme which launched in August '24 has delivered sessions to **16 schools** with **1,143 participants** 



### **HEALTH AND WELLBEING**

**Live Life Well Classes** 



743 classes delivered in-person and online

**Online classes** remain a popular addition for those with transport issues

total participation

across all classes

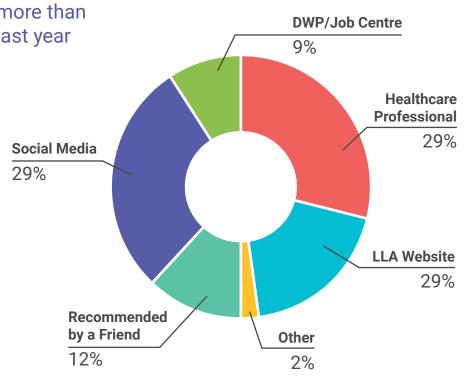
#### **Referral Breakdown**

**901** new referrals in 2024/25

56% more than last year



#### SELF REFERRAL SOURCES



### **HEALTH AND WELLBEING**



- Group rehabilitation programme for individuals with chronic joint pain
- Educational self-management to • empower participants
- Individualised exercise regimen ٠ tailored to each person's needs



#### **Pilot in Fraserburgh**, **Deveron and Stonehaven**



28 started the programme and 24 completed (85.7%)



Click here or scan the OR to our Live Life Well promotional video



- Partnership with NHSG to deliver . a tier 2 weight management programme to the community
- 12-month programme combining . education, physical activity, and support

"Without the Counterweight Programme I definitely would not be where I am today"

Counterweight participant



140 enrolled into programme and 81 completed (58%)

**Average weight loss** 4.6kg and total weight loss - 311.94kg

#### **Health Watch**

47 sessions delivered across **Aberdeenshire** 

624 blood **pressure** checks carried out



As well as blood pressure checks we also introduced Health Check Plus this year to monitor **BP/BMI/Glucose and** Cholesterol

£1,320 generated from **Health Check Plus** 

### **IMPACT AND SOCIAL VALUE CALCULATOR**

The Social Value Calculation (SVC) is a tool developed in partnership with Sheffield Hallam University, Experian and 4GLOBAL. It uses evidence based academic research and sector-wide benchmarks to provide operators with a tool to monetise, predict, track and evidence the impact of sports and physical activity they offer in their facilities.



In 2024/5 the social value created in LLA's leisure settings was worth **£10.67m,** an 8% increase on the previous year.



#### Social value is **worth more than double** what

it costs to deliver our leisure facilities.

The SVC outcomes are grouped into four categories



**Physical and Mental** Health



**Mental Wellbeing** 



**Individual Development** 



Social and Community Development