



From Mountain to Sea

Paul Anderson

Tunes written along the path in response to the stories shared by community members

Slow Air *Ben Macdui*

Not only is Ben Macdui the highest point in Aberdeenshire, it is also the second highest point in the British Isles and an appropriate place to begin our journey across Aberdeenshire from Mountain to Sea.

Paul Anderson

March *The Hutchison Bathy*

The Hutchison Bathy or Bath was built in honour of Dr. Professor Gullstrom Hutchison, an Aberdeen born Geologist who died in a climbing accident in 1924. It is located below Loch Fittickton in the shadow of Ben Macdui and is owned by the Mountain Bathy Association.

Paul Anderson

Slow Air *By Majeed's Rolling Dees*

The beautiful River Dee is a constant companion on the north coast of the city from the town of Peterhead and passing through some of the most picturesque scenery in Aberdeenshire.

Paul Anderson

Jig *Sir Patrick Geddes of Ballater*

Ballater born Sir Patrick Geddes was an influential biologist, sociologist, geographer, philanthropist and town planner. He was born in 1854 and he passed his last day for his quote "steadfastly but not heavily". He claimed that Geddes was the harbinger of modern green politics and his work is one of the inspirations for this project.

Paul Anderson

Waltz *Making the most of it*

Ballater was a difficult experience for many folk so dear with and the people of Aberdeenshire had little option than to try and make the best of the situation which was completely out with their control.

Paul Anderson

Slow Air *By Tullie's Storied Walls*

The settlement of Tullie is of considerable antiquity and predates the nearby village of Ballater by well over a thousand years. The current church on the site was built around 1888 but is built on the site of the chapel founded by St. Nathalan in the 7th century.

Paul Anderson

March *From Donnachie's Beach Ball*

Donnachie House near Turriff is not an award winning hotel and leisure centre but it was built by Sir Alexander MacRobert during the early 1900s. The house was built as a family holiday home in 1888. The House of Commons in 1911. Donnachie still has many people and excellent walks including the inland loch, one of the best lochs in the north of Scotland. Beach huts and other facilities. Some beautiful views across sea lochs and the Eastern Cairngorms.

Paul Anderson

March *Lochal Cushnie*

Lochal Cushnie is a rural parish between the villages of Turriff to the south and Hillhead to the east. It is still known as some parts of Aberdeenshire it is a picturesque place with the loch and some very scenic views. It is the former Victoria Village. Sir Jehudi Macdonald.

Paul Anderson

Strathgry *The Vale of Alford*

The Vale of Alford is an area of rich agricultural land with the thriving village of Hillhead at its heart. The renowned Aberdeen Angus cattle, the renowned Hillhead sheep and the famous Victoria Village are all the products of the Vale. The Vale is a beautiful area of the eastern entrance to the village.

Paul Anderson

Slow Air *Through the Glass*

A painful experience for many people during lockdown was not being able to see their loved ones who were in care. This piece was inspired by visiting my grandmother, Alice, cousin of Alibetha MacRobert in Aberdeen and only being able to see her through the window from the garden.

Paul Anderson

Strathgry *The Kenney Rest*

Kenney is a thriving village in the Garioch about 16 miles west of Aberdeen. The name comes from Gaelic and is thought to mean "head of the plain" (Ceann a-mhàin). It is a lovely Strathgry or Rest.

Paul Anderson

Reel *Inverurie*

Inverurie is the civic capital of Aberdeenshire and the largest town in the county. It is situated at the confluence of the river Ury and Don about 10 miles west of Aberdeen. Inverurie has a rich history of local history and culture such as the Battle of Inverurie (1474) and the Battle of Inverurie (1746).

Paul Anderson

Slow Air *Under Barra Hill*

Barra Hill is a distinctive landmark near Dalmeikie, dominating the approach to the town from Inverurie. Remains of an ancient hillfort are clearly visible on the summit and in the year 1506 King Robert the Bruce defeated the Cornish Earl of Buchan, rising from his sick bed to win a decisive victory. The battle of Barra was followed by what became known as the Marston of Barra. John Bruce's forces defeated James' army and the struggle associated with the sea Camp Hill.

Paul Anderson

Slow Air *The Ghost Children*

While walking with the March walking group on the Formative and Buchan Way trail I had a striking conversation with a mental health nurse about children in Buchan who were suffering from severe stress and anxiety due to the Covid lockdown and had been unable to return to school. These children were home schooled and receiving therapy so we have been into society. They are known as "The Ghost Children".

Paul Anderson

March *The Approach to Maud*

The Formative and Buchan Way trail which usually extends from Dyce near Aberdeen to Peterhead and Fraserburgh to the north. The path uses the old rail line and approaches Maud from the south. It splits into two routes. The route to Peterhead and Fraserburgh to Fraserburgh. The path passes through really rolling countryside. It is a beautiful area of the north coast. The path is a beautiful area of the north coast. The path is a beautiful area of the north coast.

Paul Anderson

Waltz *Hymn for the Departed*

Sadly for some the time of lockdown prevented the love of food and the land. This piece was written in remembrance of them.

Paul Anderson

Reel *Gadle Braes*

Gadle Braes is to the North of Peterhead and it looks out onto the North Sea. It is here that our journey across Aberdeenshire from Mountain to Sea ends.

Paul Anderson

Reel *Peterhead Harbour*

Peterhead is Europe's largest fishing port but it also caters for the oil industry, renewables and tourism. It is a busy and bustling place. The harbour area is composed of eleven distinct areas such as North Harbour, Albert Quay and Princess Royal Quay.

Paul Anderson

